

### **FEB**

Finance for Non-Finance Managers

Leadership Programme

### **MAR**

High Impact Meetings & Decision Making

Power of Profiling: DISC

Mental Health Supporter

### **APR**

Employment Journey Refresher

Train the Trainer

**Serious Data Security** 

### MAY

Mental Health Champion

### JUN

**Employment Journey** 

Mental Health Refresher

Mental Health Supporter

### SEP

10 Step Management Programme



### OCT

Mental Health Champion

### NOV

**Employment Journey** 

Leadership Programme

Mental Health Supporter

### DEC

Mental Health Champion

Mental Health Refresher

### **JAN**

10 Step Programme

### **FEB**

Coaching & Mentoring

Finance for Non-Finance
Managers

### **MAR**

High Impact
Communication



## 10 Step Management Programme

#### **Course Overview:**

Introduction to Belbin

Effective Team Working, Leading and Managing

Motivation & Communication

Dealing with Difficult People & Resolving Conflict

Time Management & Delegation

Problem Solving & Decision Making

Equal Opportunities, Recruitment Selection & Dignity at Work

Induction, Probationary Periods, Managing Attendance & Overview of

Capability

Disciplinary & Grievance

Graduation & Putting it into Practice

Course Duration: 5 Hours

Dates: (every Tuesday) 3rd September - 29th October 2024

**Location:** Ram Mill or Spinningfields (tbc)

## Coaching & Mentoring

#### Course Overview:

Familiarity with various coaching and mentoring strategies such as:

- One-on-One Mentoring
- Mentoring Panel or Committee
- Functional Mentoring
- Peer Mentoring
- Group Mentoring

Understanding distinctions in coaching and mentoring, discerning the optimal method for best practice.

Course Duration: 2 x 2.5 Hours

Dates: 19th & 26th September 2024



## **Employment Journey**

#### **Course Overview:**

The Recruitment & Selection Process

Employment status, Contracts, Day 1 Rights, Induction & Probationary Periods

Gaining of rights and entitlements within the first 2 years.

Disciplinary, Capability and Grievance Procedure

Dealing with Resignations, Dismissals, Leave Pay and having a Protected

Conversation.

Avoiding Claims

Course Duration: 5 Hours Date: Tuesday 11th June 2024 Wednesday 6th November 2024

Location: Ram Mill or Spinningfields (tbc)

## **Employment Journey Refresher**

#### **Course Overview**

An awareness of up to date changes in Employment Regulations:

- Changes in current employee rights
- Uplift in pay-outs and fines
- Potential outcomes from failing to accept new regulations
- How to build changes into your People strategy

Course Duration: 3 Hours

Date: Tuesday 18th April 2024



## Finance for Non-Finance Managers

#### **Course Overview**

Fundamentals of reporting, accounts & concepts
Getting to grips with Profit & Loss
Understanding Cash Flow
Introducing the Balance Sheet
A focus on Risk Management
The Working Capital Cycle
Techniques for Project Appraisal

Course Duration: 5 hours

**Date:** Wednesday 21st February 2024 **Location:** Ram Mill or Spinningfields (tbc)

## **High Impact Communication**

#### Course Overview:

Nuances and challenges that Face-to-Face and Virtual communication can pose

Big Talk and Small Talk and when to use each

The Tuckman Model

Story telling to communicate

Awareness of Teamship

The importance of feedback in employee development and performance improvement.

Course Duration: 3 Hours

Date: Thursday 14th March 2024



## **High Impact Meetings & Decision Making**

#### **Course Overview:**

Decision making tools that are proven within a business environment - Ishikawa, Force field analysis and The 5 Whys

How to facilitate high impact meetings that drive outcomes and action points

Decision making tools that are fit for purpose

How parallel thinking can be used to streamline the decision making process

Course Duration: 3 Hours

Date: Thursday 7th March 2024

**Location:** Virtual

## Leadership Programme

Designed for: Leadership & Management

#### Course Overview:

Harnessing Your Inner Leader

A Clear Direction

The Importance of Strategy

Finance for Non-Financial Managers

Business Model's and Managing Change

High Impact Communication

Driving Performance in Others

Employee Engagement

Course Duration: 8 x 5 Hours

Date: (Thursdays) 31st October - 19th December 2024

**Location:** Ram Mill or Spinningfields (tbc)



## **Mental Health Champion**

#### **Course Overview:**

On this 2 day workshop-style course, packed with case studies based on real life and using our practical A.C.T.I.O.N.S.© plan, individuals will learn skills to help others proactively (including mental health crises) as well as themselves.

We take an in-depth look at common mental health illnesses such as depression and anxiety, challenge stigma and learn about stress, alarm bells, coping methods, recovery, self-care and so much more! With a strong focus on how to get help beyond the medical model, Fundamental Wellbeing First Aid creates hope and positive action.

Course Duration: 2 x 5 Hours Date: 15th & 16th May 2024, 9th & 10th October 2024, 10th & 11th December 2024

Location: Ram Mill or Spinningfields (tbc) or Virtual

## **Mental Health Champion Refresher**

#### **Course Overview:**

Building upon the Champion course. Through thought-provoking discussions and interactive exercises, we delve into the importance of appropriate language and terminology, promoting inclusivity and reducing unintentional harm. Participants will master techniques for fostering open dialogue, active listening, and compassionate support, creating an environment where mental health can be discussed without fear or judgement.

Course Duration: 4 Hours Date: Tuesday 4th June 2024, Tuesday 3rd December 2024



## **Mental Health Supporter**

#### Course Overview:

Our course equips you with invaluable tools and knowledge to navigate the challenges of daily life with confidence and resilience. Learn evidence-based strategies to combat stress and cultivate a healthier mindset, empowering yourself and those around you.

Course Duration: 5 hours

Dates: Wednesday 18th March 2024,

Thursday 6th June 2024,

Tuesday 26th November 2024

Location: Virtual

## Serious Data Security

#### **Course Overview:**

Common Breaches

Overview of GDPR

**GDPR Process** 

**Best Practice** 

**Practical Solutions** 

**Download Risks** 

**Phishing Emails** 

Data Storage and Compliance

Course Duration: 3 Hours

Date: Wednesday 17th April 2024



## **ACADEMY COURSES A-Z**

### Train the Trainer

#### **Course Overview:**

Blockers to training Maslow Hierarchy of Needs

Blooms Taxonomy

Learning Styles

**Adult Learning Theory** 

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In the flow of work

Assessment Methods

Synchronous and Asynchronous Learning

Building your content

Course Duration: 2 x 5 Hours

Date: Wednesday 3rd & 10th April 2024 Location: Ram Mill or Spinningfields (tbc)

## **Bespoke Training**

Can't find what you're looking for? We offer bespoke training packages written for your needs. Head over to our website or contact academy@fact3.co.uk to see what else we offer and discuss your training requirements.

Priced upon Consultation.



# **OUR COSTS**

| DURATION                | FORMAT                   | INDIVIDUAL | GROUP                     |
|-------------------------|--------------------------|------------|---------------------------|
| 2 HOURS                 | VIRTUAL                  | £75        | £300                      |
|                         |                          |            |                           |
| 3 HOURS                 | VIRTUAL                  | £125       | £500                      |
| 5 HOURS                 | VIRTUAL OR IN-<br>PERSON | £175       | £750                      |
| 2 X 5 HOURS             | VIRTUAL OR IN-<br>PERSON | £340       | £1500                     |
| 10 STEP<br>MANAGEMENT   | IN-PERSON<br>WORKSHOP    | £2000      | PRICED ON<br>CONSULTATION |
| LEADERSHIP<br>PROGRAMME | IN-PERSON<br>WORKSHOP    | £3000      | PRICED ON<br>CONSULTATION |



### **COST OF CANCELLATION**

If you are unable to attend and not in a position either to transfer your place to another person or to the same course but on a different date, then the following charges will apply:

10 - 8 weeks before the course 25% of the fee

8 - 6 weeks before the course 50% of the fee

6 - 2 weeks before the course 75% of the fee

Less than 14 days 100% of the fee

## TO BOOK

For all course enquiries, please email <u>academy@fact3.co.uk</u> with the course title in the subject.

We can't wait to learn and develop with you.

